

Liquitex[®]



CUSTOM JOURNAL COVER

Create your own custom journal cover for all your sketches and ideas using Liquitex Clear Gesso, Flexible Modeling Paste and Heavy Body Acrylics. Flexible Modeling Paste is excellent for flexible surfaces where cracking would normally be an issue. Liquitex Clear Gesso helps to control absorption on a variety of surfaces and adds tooth for subsequent layers of paint.

TIME REQUIRED: 1.5 HRS.

DIFFICULTY LEVEL: ●●●●●

LIQUITEX MATERIALS

Flexible Modeling Paste	
Clear Gesso	
Bright Aqua Green Heavy Body Acrylic	
Deep Violet Heavy Body Acrylic	
Brilliant Purple Heavy Body Acrylic	
Free Style Traditional Palette Knife #1	



Flexible Modeling Paste



OTHER MATERIALS

- Painter's tape
- Canvas covered journal
- Stencils of your choice
- Paper towels
- Disposable palette
- Water jar

01

Apply Clear Gesso to the front cover of the journal, working it into the canvas to ensure coverage. Once dry apply a second coat if any spots have been missed. The gesso should dry quickly (approximately 15 minutes) depending upon humidity.



02

Apply Bright Aqua Green Heavy Body Acrylic or any other color of your choice to the front surface of the journal as the base coat for the stencil design and let dry. The drying rate will again depend upon humidity and thickness of the paint layer but should be approximately 15 to 20 minutes.

TIP: Use painter's tape to mask off the binding of the journal to keep a clean edge when applying the base coat of color. Liquitex Heavy Body Acrylic color is a highly pigmented professional acrylic paint.



03

Using a palette knife, mix Flexible Modeling Paste with Heavy Body Acrylic Deep Violet or color of your choice and thoroughly mix together. The Flexible Modeling Paste will lighten the acrylic color but you can add any ratio of medium to color to suit your aesthetic taste.

NOTE: Liquitex Flexible Modeling Paste is an acrylic medium that makes an excellent adhesive for collage work, can be combined with other Liquitex colors and mediums and in this project will be used for a raised stencil design. The flexible nature of the medium allows it to be placed on flexible surfaces like the journal cover without cracking occurring. All Liquitex mediums can be mixed with Liquitex colors, be placed over them or be painted on once dry.

Place your stencil over the journal cover. It's helpful to use painter's tape to secure the stencil so it doesn't move.



04

Using the palette knife carefully spread the Flexible Modeling Paste and color mixture over the stencil. If this is your first time using a stencil in this manner it a good idea to test and practice on another surface first.



05

Grab the stencil by one corner and slowly peel back the stencil to reveal your design. Allow to dry. The thicker application may take up to an hour or more to dry.

TIP: Clean your stencil right away so that it can be used again for future projects.



06

Once the raised stencil design is dry (wait one day), use a small brush to dry brush Heavy Body Acrylic Brilliant Purple or color of your choice to the design. Using a dry brush technique with a small amount of undiluted color will allow you to drag the color over the design where it will only be picked up by the high points. This will give an added depth and interest to your design by allowing both colors to show.

