

## Spirit Trees

Legends are plentiful about connections between humans and trees — what will your special tree reveal about you?

### (art + history)

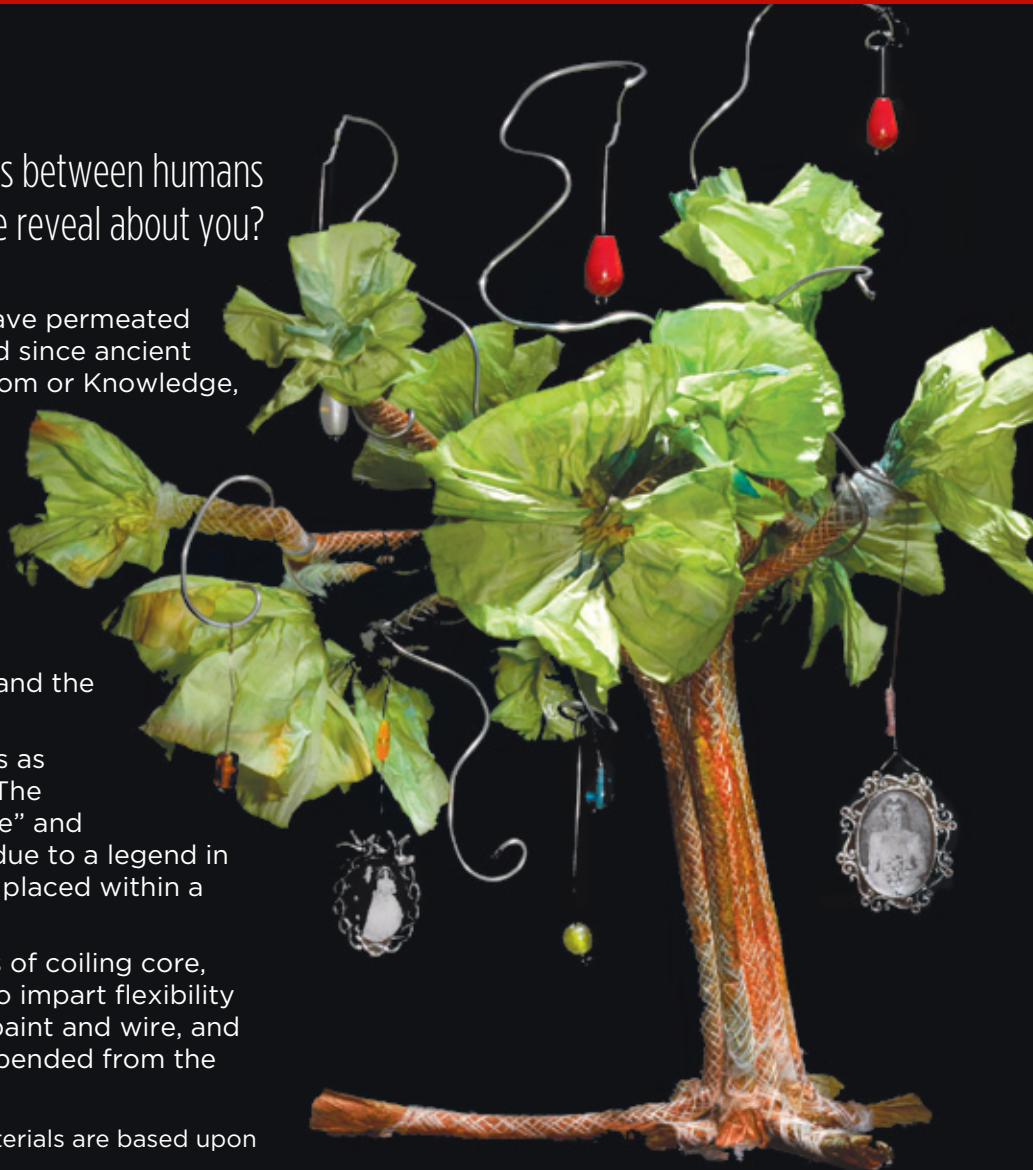
Legends about a mystical or holy tree have permeated cultures and theologies around the world since ancient times. The Tree of Life, the Tree of Wisdom or Knowledge, the World Tree, the Cosmic Tree — these are names for a symbolic or metaphorical tree that stories, ideas, and beliefs about the origins of life have been centered around.

Nordic and Mesoamerican mythologies brought the concept that the world is supported on a strong tree that divides the realms of heaven, human existence, and the underworld.

Native American legends regarding trees as caregivers and providers are abundant. The Cherokee call trees “The Standing People” and have a special fondness for cedar trees due to a legend in which the spirits of their ancestors were placed within a cedar.

This “Spirit Tree” is created from lengths of coiling core, glued together and wrapped with wire to impart flexibility to the branches. It can be finished with paint and wire, and personalized with objects or images suspended from the branches or placed around its roots.

**GRADES 3-12** Note: Instructions and materials are based upon a class size of 24 students. Adjust as needed.



### Preparation

1. Cut coiling core into 12" sections. Plan on five pieces of 1/2" and five pieces of 1/4" per tree (10 ft total). Coiling core may be cut with sturdy scissors or with a paper trimmer.
2. Cut 7" to 8" square bases from chipboard, scraps of cardboard, or matboard.

### Process

1. Bend all coiling core lengths against the curve to straighten as much as possible.
2. Gather five pieces of small coiling core into a bundle. Stagger lengths. Bind with masking tape towards the bottom.

### Materials (required)

**Coiling Core**, 1/4" x 180 ft coil (60962-1325); share one across class

**Coiling Core**, 1/2" x 100 ft coil (60962-1350); share two across class

**Aleene's Quick Dry Tacky Glue**, 4 oz (23884-1104); share three across class



**All-Purpose Chipboard**, 30 ply, 22" x 28" (13115-2232); share one sheet among 12 students

**Blick Armature and Sculpture Wire**, 14 gauge, 350 ft spool (33400-1435); share one across class

### Optional Materials

**Economy Glass Bead Assortment**, 1 lb (61536-1001)

**Blick Copper Wire**, 24 gauge, 100 ft spool (33415-1024 )

**Blick Liquid Watercolor**, assorted colors (00369-)

**Crushed Pebbles**, White (61005-1005)

**Framed Up Jewelry Accents**, assorted (61541-)

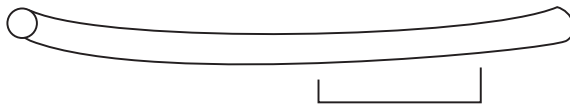


**Step 1:** Gather small coils into a bundle, then glue large coils around them to form the tree trunk.



**Step 2:** Press down and glue the bottom of the coil bundle to the base to form tree roots.

**Process, continued**



3. Create the tree trunk. On a large piece of coil, apply a line of glue about 2" long below the center of the length, but not all the way to the end. See illustration (A). Position the coil with the glue side against the bundle of small coils and hold briefly until glue begins to grab.

Repeat with remaining large coils, staggering their lengths as well, until they surround the bundle of small coils. Wrap with masking tape to secure while the glue dries. NOTE: The upper 9" of the coils will remain unglued and can be spread apart to begin positioning of branches.

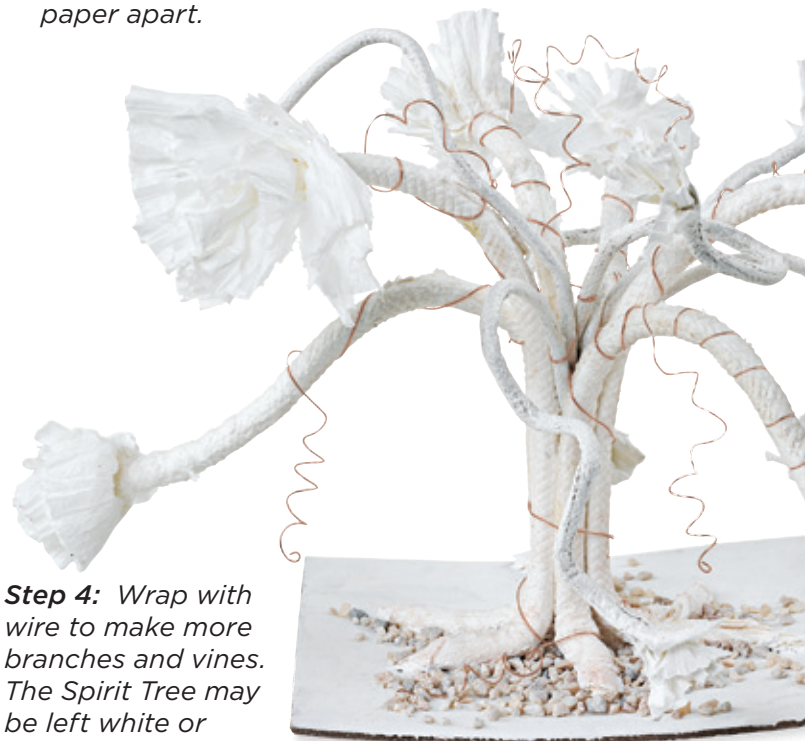
4. Glue the short, loose ends of the paper coil bundle to the square base, pressing down and spreading them apart to form the roots of the tree. Apply masking tape to the roots to hold the tree upright on the base while the glue dries.
5. Bend and twist the long, loose ends of the paper coils to create tree branches. Loosen the ends of the coils and gently spread the paper to create leaf-like fullness on the end of each branch.
6. Insert wire sections into the trunk of the tree. The wire may be bent and curled to make more branches or vines. It may also be wrapped around individual branches to make them easier to bend, to hold them in place and to suspend objects from the branches.
7. The Spirit Tree may be left white or painted.

**Options**

- Glue pebbles, sand, or dried moss to the base to cover the chipboard.
- Hang beads, charms, photos, or other objects from the branches with wire or string. Glue strands of cotton or wool to the branches to imitate moss.
- An alternate lesson plan could focus on the Japanese art of bonsai.



**Step 3:** Bend the upper part of the coil bundle to make branches. Unwrap the ends and spread the paper apart.



**Step 4:** Wrap with wire to make more branches and vines. The Spirit Tree may be left white or painted.

## National Core Arts Standards - Visual Arts

### **Creating**

**Anchor Standard 2:** Organize and develop artistic ideas and work.

### **Responding**

**Anchor Standard 7:** Perceive and analyze artistic work.

**Anchor Standard 8:** Interpret intent and meaning in artistic work.

### **Connecting**

**Anchor Standard 11:** Relate artistic ideas and works with societal, cultural, and historical context to deepen understanding.